



# VASUDEVA KRIYA YOGA

Term 3 Schedule, 2026 | Melbourne & Bangalore



Days	Timing (AEST)	Batch	Class   Venue   Teacher	Dates	Mode	Fee
Mon-Wed	6:00-7:00 AM	Week 171	<b>Anga Jaya Intense Yoga</b> for a healthy body   Mount Waverley Scout Group, 19-27 Orchard Street, <b>Glen Waverley</b> VIC 3150   Guruji	8 Jul- 16 Sep 26	Face to Face	\$15/class or \$50/week
Thu-Fri	6:00-7:00 AM	5	<b>Anga Jaya Intense Yoga</b> for a healthy body   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , Vic   Guruji	9 Jul-18 Sep 26	Face to Face	\$15/class or \$50/week
Mon-Fri	6:30-7:00 AM	75	Morning <b>e-Yoga</b> for busy people   Online   VKY Teachers	13 Jul-18 Sep 26	Online	\$120
Mon-Fri	6:00-7:00 PM	75	Evening <b>e-Yoga</b>   Online   VKY Teachers	13 Jul-18 Sep 26	Online	\$120
Mon-Sat	5:45-6:45 AM IST	17	<b>Yoga for All</b>   Amruta Yoga Kendra, 8th Main Rd, Girinagar, <b>Bangalore</b> 560085   Venkatesh Achar	Jan-Dec 26	Face to Face & Online	INR 1000/m
Mon, Tue, Wed	6:00-7:15 PM	4	<b>Yoga for All</b>   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Arvind/Suresh	13 Jul-16 Sep 26	Face to Face	\$15/class or \$40/week
Wednesday	7:00-7:20 PM	3	<b>Valmiki Ramayana Discourse</b>   Online   Dr Manish	19 Jul-20 Sep 26	Online	Donation
Thursday	6:30-7:30 PM	14	<b>Meditation/Upanishad/Ask Me Q</b>   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Guruji	14 Jul-14 Sep 26	Face to Face & Online	Donation
Thursday	6:00-7:30 PM	26	<b>Yoga for All</b>   Huntingdale Community Hall, Germain Street, <b>Oakleigh South</b> VIC 3167   Manoj	16 Jul-17 Sep 26	Face to Face	\$120
Thu-Fri	6:00-7:00 AM	Week 46	<b>Yoga for All</b>   Brentwood Park Neighbourhood House & Community Centre, 21A Bemersyde Dr, <b>Berwick</b> VIC 3806   Nagendra	July-Sep 26	Face to Face	\$80/m (2 class/week) or \$50/m (1 class/week) or \$15/class
Friday	6:30-7:30 AM	5	<b>Yoga for All</b>   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Dr. Narendra	18 Jul - 18 Sep 26	Face to Face	\$120
Friday	6:00-7:30 PM	5	<b>Bhajan</b>   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Sumana	18 Jul - 18 Sep 26	Face to Face	Donation
Saturday	7:30-9:00 AM	5	<b>Yoga for All</b>   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Deepa S/Ashwini	19 Jul - 19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	57	<b>Yoga for All</b>   895-901 Doncaster Rd, <b>Doncaster East</b> VIC 3109   Nisha/Julie	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	67	<b>Yoga for All</b>   Shirdi Sai Sansthan, 32 Halley Ave, <b>Camberwell</b> VIC 3124   Kiran	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	68	<b>Yoga for All</b>   Mulgrave Neighbourhood Hall, 36-42 Mackie Rd, <b>Mulgrave</b> VIC 3170   Brijesh /Anitha	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	15	<b>Yoga for All</b>   James Bathe Community Hub, Room 1 Caversham Dr, <b>Pakenham</b> VIC 3810   Vignesh/Krystyna	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	9:30-11:00 AM	53	<b>Yoga for All</b>   Hindu Society of Victoria, Peackck Room, 52 Boundary Rd, <b>Carrum Downs</b> VIC 3201   Shripriya/Varun	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	43	<b>Yoga for All</b>   Bridgewater Family & Children's Centre, 45 Bridgewater Boulevard, <b>Berwick</b> VIC 3806   Nagendra/Dr. Narendra	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	52	<b>Yoga for All</b>   Mount Waverley Scout Group, 19-27 Orchard Street, <b>Glen Waverley</b> VIC 3150   Tushar	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	43	<b>Yoga for All</b>   3rd Croydon Scout Hall, 15 Lusher Rd, <b>Croydon</b> VIC 3136   Mani/Kalpna	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	8:00-9:30 AM	27	<b>Yoga for All</b>   Riverside Community Activiy Centre, 8 Doreen Rogen Way, <b>South Morang</b> VIC 3752   Rama	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	15	<b>Yoga for All</b>   Hughesdale Community Centre, 162 Poath Rd, <b>Hughesdale</b> , VIC 3166   Prashant	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	14	<b>Yoga for All</b>   Sri Durga Temple 705-715 Neale Rod, <b>Deanside</b> VIC 3336   Anil	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	7:30-9:00 AM	8	<b>Yoga for All</b>   Sherbrooke Family & Children Centre, 1443 Burwood Hwy, Upwey VIC 3158, <b>Upwey</b> VIC 3158   Rita	18 Jul-19 Sep 26	Face to Face	\$120
Saturday	5:00-6:00 PM	33	<b>Bhagavad Geeta</b>   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Guruji	Jan-Dec 26	Face to Face & Online	Donation
Sunday	5:00-6:00 PM	13	<b>Kids Yoga</b>   Bridgewater Family & Children's Centre, 45 Bridgewater Boulevard, <b>Berwick</b> VIC 3150   Nagendra / Khrystyna / Vignesh	19 Jul-20 Sep 26	Face to Face	\$120
Sunday	6:30-7:30 PM	4	<b>Family Yoga</b>   Bridgewater Family & Children's Centre, 45 Bridgewater Boulevard, <b>Berwick</b> VIC 3150   Nagendra	19 Jul-20 Sep 26	Face to Face	\$120
Sunday	7:00-9:00 AM	85	<b>Divinity in Yoga</b> , Morning   VKY Mandir 1/80 Mills Road, <b>Braeside</b> , VIC 3195   Guruji	19 Jul-20 Sep 26	Face to Face & Online	\$140
Sunday	4:00-5:00 PM	12	<b>Mindful Mastery</b>   Mount Waverley Scout Group, 19-27 Orchard Street, <b>Glen Waverley</b> VIC 3150   Guruji	19 Jul-20 Sep 26	Face to Face & Online	\$120
Sunday	5:00-6:00 PM	41	<b>Kids Yoga</b>   Mount Waverley Scout Group, 19-27 Orchard Street, <b>Glen Waverley</b> VIC 3150   Amrut / Prashant	19 Jul-20 Sep 26	Face to Face	\$120
Sunday	6:00-7:30 PM	53	<b>Divinity in Yoga</b> , Afternoon   Mount Waverley Scout Group, 19-27 Orchard Street, <b>Glen Waverley</b> VIC 3150   Guruji	19 Jul-20 Sep 26	Face to Face & Online	\$120

Special Packages				
Day	Date	Class	Mode	Fee
Mon-Fri	Till Dec 2026	Unlimited online weekday morning e-Yoga	Online	\$240
Mon-Fri	Till Dec 2026	Unlimited online weekday evening e-Yoga	Online	\$240
Mon-Fri	Till Dec 2026	Unlimited online weekday morning and evening class	Online	\$350
Mon-Fri	Till Dec 2026	Unlimited F2F class including all publications (excluding Anga Jaya Intense Yoga)	Face to Face	\$500
Mon-Fri	Till Dec 2026	Unlimited Anga Jaya Intense Yoga	Face to Face	\$750
<b>Starter Package: All VKY books plus Tee Shirt \$150</b>				

VKY Publications	
Publication	Pricing
Divinity in Yoga	\$35
Surya Namaskara	\$20
Arise Awake & Realise	\$25
Aim High Realise Great, Live Beyond your Shelf Life Vol1,2	\$25 ea
Life Sutra Vol 1-7	\$5 ea
<b>Special offer for complete set: \$140</b>	

Please get in touch with us for a discount in case of financial stress

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